

Categorias - 10 Km

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Classif.	Num.	Nome	Classif. Categoria	Equipe	Bruto	Líquido
-- GERAL MASCULINO --						
1	7	LUIS CARLOS ALMEIDA ARAÚJO	0 10M4044	CCFVR	00:35:49	00:35:47
2	51	JOSÉ CARLOS RODRIGUES	0 10M4549	CAAOP / TK RUN	00:36:37	00:36:37
3	34	LUCIVÂNIO DIAS DA SILVA	0 10M3539	AVULSO	00:36:54	00:36:49
-- GERAL FEMININO --						
1	199	DAIANE MARTINS	0 10F3034	WELTON	00:44:14	00:44:09
2	197	ALBA LIMA ALVES	0 10F6064	CCFVR	00:44:47	00:44:46
3	161	MARIA APARECIDA VENTURA	0 10F6569	CAAOP / TK RUN	00:46:19	00:46:19
-- 10 Km Feminino - 25 a 29 anos --						
1	198	PRISCILA SANCHES ZERBAN	1 10F2529		00:49:08	00:48:38
2	175	PAULA GOMES	2 10F2529	EU SOU CAPAZ	00:57:42	00:57:38
3	178	CAMILA DE ARRUDA MOTA	3 10F2529	CC ACADEMIA IMPACTUS	01:02:26	01:01:54
-- 10 Km Feminino - 30 a 34 anos --						
1	180	RAFAELA JACÓ DE OLIVEIRA	1 10F3034	CC ACADEMIA IMPACTUS	00:48:42	00:48:39
2	188	PATRÍCIA DE FÁTIMA MARTINS	2 10F3034	ADOLFO RUNNER FRIENDS	00:51:54	00:51:47
3	183	DANIELLY CÂNDIDO	3 10F3034	ADOLFO RUNNER FRIENDS	00:57:16	00:57:11
4	170	LUCIANA GOMES FRANCISCO	4 10F3034	EU SOU CAPAZ	00:57:51	00:57:43
5	187	LYGIA HELENA DE O. L. ARRUDA	5 10F3034	ADOLFO RUNNER FRIENDS	01:03:50	01:03:30
6	181	CAROLINE DOS SANTOS SILVA	6 10F3034	ADOLFO RUNNER FRIENDS	01:13:00	01:12:54
-- 10 Km Feminino - 35 a 39 anos --						
1	152	NINHA ANDRADE	1 10F3539	MUSES BROTHERS RUNNING	00:51:33	00:51:13
2	186	LUCIENE SANTANA DA SILVA	2 10F3539	ADOLFO RUNNER FRIENDS	01:01:11	01:00:54
3	166	CELESTE PEREIRA DE ALMEIDA LINO	3 10F3539	EU SOU CAPAZ	01:01:11	01:01:00
4	174	PRISCILLA JOSWIACK	4 10F3539	AVULSO	01:04:04	01:03:20
5	169	NEILA DE MAGALHÃES BARBOSA	5 10F3539	AVULSO	01:04:25	01:04:07
6	193	KELLY BERTO GUEDES	6 10F3539	EU SOU CAPAZ	01:08:12	01:08:03
7	182	CRISTINA TIEMI O. KINOSHITA	7 10F3539	ADOLFO RUNNER FRIENDS	01:17:41	01:17:24
8	196	CAROLINA GODINHO P STARCK	8 10F3539	CCFVR	01:25:25	01:25:22
-- 10 Km Feminino - 40 a 44 anos --						
1	171	ADRIANA CÂNDIDA PEREIRA	1 10F4044	ADOLFO RUNNER FRIENDS	00:55:22	00:55:15
2	153	SHIRLEY DOMINGOS A GOMES	2 10F4044	MUSES BROTHERS RUNNING	00:56:40	00:56:20
3	191	GICELMA DE OLIVEIRA MATOS	3 10F4044	AVULSO	00:57:22	00:57:08
4	179	CLEMILDA LINS DE ARAÚJO SILVA	4 10F4044	CC ACADEMIA IMPACTUS	00:58:55	00:58:50
5	176	SAMIRA DUARTE CASSIS	5 10F4044	AVULSO	01:04:05	01:03:21
-- 10 Km Feminino - 45 a 49 anos --						
1	164	DURVALINA VALENTE DO NASCIMENTO	1 10F4549	CAAOP / TK RUN	00:51:54	00:51:50
2	184	ELOISA AQUINO DA COSTA	2 10F4549	ADOLFO RUNNER FRIENDS	01:04:10	01:04:01
-- 10 Km Feminino - 50 a 54 anos --						
1	160	MARIA JOSÉ DA SILVA SANTOS	1 10F5054	CAAOP / TK RUN	01:00:57	01:00:43
2	159	EDIUSLENE DA SILVA BATISTA	2 10F5054	RALF MACHINES	01:03:10	01:02:38
3	154	MARIA ROSALINA BARBOSA RIVA	3 10F5054	EU SOU CAPAZ	01:04:22	01:04:11
4	190	ROSÂNGELA MARIA O. A. MASULK	4 10F5054	ROSMASU	01:09:41	01:09:04
5	195	REGINA CELIA NASCIMENTO CONI	5 10F5054	ADOLFO RUNNER FRIENDS	01:19:02	01:18:43
6	157	MARCIA REGINA PACHECO CORRADO	6 10F5054	AMIGOS DO ZUZA	01:21:13	01:20:49
7	167	JOSENY FERREIRA GARCIA NOGUEIRA	7 10F5054	DJALMA NOGUEIRA	01:25:22	01:25:01
-- 10 Km Feminino - 55 a 59 anos --						
1	163	MARIA DO CARMO BENTO DA SILVA	1 10F5559	CAAOP / TK RUN	00:58:42	00:58:41
2	177	ELIANE RODRIGUES DA SILVA	2 10F5559	WF	01:03:54	01:03:13
3	168	DULCILIA MISDALANI	3 10F5559	COOPER RÁDIO TAXI	01:07:00	01:06:32

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-- 10 Km Feminino - 60 a 64 anos --						
1	162	MARGARIDA MARIA MACHADO	1 10F6064	CAAOP / TK RUN	01:03:18	01:02:49
2	185	GELVANIRA BESERRA DE ARAÚJO	2 10F6064	ADOLFO RUNNER FRIENDS	01:15:56	01:15:41
-- 10 Km Feminino - 65 a 69 anos --						
1	158	JANISE COSTA TRAMONTINA	1 10F6569	AMIGOS DO ZUZA	01:21:15	01:20:49
-- 10 Km Masculino - 15 a 16 anos --						
1	22	VICTOR PEÇANHA DE MORAES	1 10M1516	AVULSO	00:42:35	00:42:35
-- 10 Km Masculino - 17 a 19 anos --						
1	105	DIEGO IDARILHO GOMES	1 10M1719	MUSES BROTHERS RUNNING	00:49:28	00:49:08
2	5	PEDRO LUCAS NOVAIS	2 10M1719	ADOLFO RUNNER FRIENDS	01:02:34	01:02:30
-- 10 Km Masculino - 20 a 24 anos --						
1	31	WILLIAN PAULA DOS SANTOS	1 10M2024	AVULSO	00:42:44	00:42:31
2	89	JEFFERSON GOMES SILVA	2 10M2024	ADOLFO RUNNER FRIENDS	00:47:10	00:47:07
3	80	MATHEUS CHADDAD B CUNHA	3 10M2024	CC ACADEMIA IMPACTUS	00:53:44	00:53:12
4	76	ANDRÉ LOPES DIAS	4 10M2024	AVULSO	00:54:50	00:54:35
-- 10 Km Masculino - 25 a 29 anos --						
1	75	BRUNO HENRIQUE DA ROCHA	1 10M2529	TEAM VAQUEIRO	00:40:12	00:40:09
2	20	PEDRO CLEMENTINO BEZERRA JR	2 10M2529	ASSESSORIA ESPORTIVA S2	00:41:04	00:41:00
3	102	THIAGO DE PAULO BATISTA	3 10M2529	ADOLFO RUNNER FRIENDS	00:41:58	00:41:55
-- 10 Km Masculino - 30 a 34 anos --						
1	106	RAFAEL RODRIGUES CRUZ	1 10M3034	#VAIQUEÉPODIO	00:38:38	00:38:36
2	9	GUSTAVO ANDRÉ SERAFIM	2 10M3034	CAAOP / TK RUN	00:38:56	00:38:52
3	68	ROBERT FERNANDES	3 10M3034	EU SOU CAPAZ	00:40:29	00:40:20
4	62	JOSÉ CARLOS RODRIGUES DA SILVA	4 10M3034	AVULSO	00:41:05	00:40:59
5	85	CLEITON ADRIANO	5 10M3034	AVULSO	00:41:42	00:41:41
6	71	HUGO LEONARDO PIGOSSO	6 10M3034	CCFVR	00:45:20	00:45:19
7	88	FLÁVIO LUIZ DE ARRUDA	7 10M3034	ADOLFO RUNNER FRIENDS	00:45:46	00:45:38
8	96	FRANCISCO BRITO DA SILVA	8 10M3034	AVULSO	00:46:03	00:46:01
9	114	DENILSON ALVES DOS SANTOS	9 10M3034	CC ACADEMIA IMPACTUS	00:46:33	00:46:30
10	59	CELIVALDO DE JESUS	10 10M3034	AVULSO	00:48:42	00:48:33
11	91	MARCOS ROBERTO DE LIMA OLIVEIRA	11 10M3034	ADOLFO RUNNER FRIENDS	00:52:18	00:51:50
12	23	FABRÍCIO OLIVEIRA DO NASCIMENTO	12 10M3034	MUSES BROTHERS RUNNING	00:56:40	00:56:22
13	109	ROBSON ASSIS DA SILVA	13 10M3034	AVULSO	00:56:55	00:56:38
14	108	CRISTÓVÃO FERREIRA DA SILVA	14 10M3034	AVULSO	01:00:41	01:00:40
-- 10 Km Masculino - 35 a 39 anos --						
1	120	JOÃO FERNANDES DE CASTRO	1 10M3539	LAERCIO ATLETAS	00:37:40	00:37:39
2	8	WELTON GERMANO VEIGA	2 10M3539	WELTON	00:37:46	00:37:44
3	92	RODRIGO SIMÕES DUARTE	3 10M3539	ADOLFO RUNNER FRIENDS	00:38:26	00:38:21
4	79	DOGYVAL CAMPOS	4 10M3539	CC ACADEMIA IMPACTUS	00:40:06	00:38:26
5	43	JOÃO PAULO LOPES DOS SANTOS	5 10M3539	LAERCIO ATLETAS	00:39:50	00:39:47
6	86	LUCIANO DE JESUS SANTOS	6 10M3539	EDUCA GUARUJÁ	00:39:58	00:39:54
7	21	ALESSANDRO FERREIRA DUARTE	7 10M3539	LAERCIO ATLETAS	00:42:21	00:42:19
8	124	ALESSANDRO MARQUES DA SILVA	8 10M3539	CHIVUK RUNNING	00:42:29	00:42:29
9	78	RODRIGO LUIS SILVEIRA CESCO	9 10M3539	CC ACADEMIA IMPACTUS	00:42:46	00:42:35
10	58	PAULO ROBSON DA SILVA	10 10M3539	LAERCIO ATLETAS	00:48:04	00:47:48
11	11	ISAÍAS TAVARES DE OLIVEIRA	11 10M3539	ADOLFO RUNNER FRIENDS	00:48:38	00:48:34
12	28	ALISON EDUARDO DA SILVA	12 10M3539	BERLIM BROTHERS RUNNING	00:50:47	00:50:19
13	52	FRANCISCO DOS SANTOS SILVA	13 10M3539	LAERCIO ATLETAS	00:51:26	00:51:11
14	111	CESAR AUGUSTO MENEGUINI	14 10M3539	SE LIGA CORREDOR	00:55:07	00:54:26
15	104	CLEBERSON BRODOWSKI DA SILVA	15 10M3539	BOMBEIROS	01:10:24	01:10:13
16	118	ANDRÉ MOREIRA LIMA	16 10M3539	BOMBEIROS	01:23:59	01:23:22

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17	117	SIDNEI ABADE LOPES	17 10M3539		01:24:00	01:23:23
-- 10 Km Masculino - 40 a 44 anos --						
1	100	JOAS LOPES SALES	1 10M4044	EU SOU CAPAZ	00:37:03	00:37:01
2	50	ROGÉRIO DOS SANTOS DOMINGUES	2 10M4044	CAAOP / TK RUN	00:38:46	00:38:32
3	38	JOSÉ ELDO DA SILVA	3 10M4044	TROPIC HAUS	00:39:07	00:39:06
4	1	ALEXANDRE MEIRELLES	4 10M4044	ELISEU GODOY A.E.	00:40:21	00:40:18
5	45	LUCIANO ALVES DE OLIVEIRA	5 10M4044	CAAOP / TK RUN	00:40:35	00:40:35
6	66	RODRIGO TORRECILHAS	6 10M4044	AVULSO	00:40:53	00:40:39
7	101	ANDERSON ALVES FELIX	7 10M4044	LAERCIO ATLETAS	00:40:53	00:40:47
8	81	JOSÉ CARLOS GONÇALVES	8 10M4044	LEVA EU	00:41:49	00:41:47
9	40	RONY FRANCISCO DOS SANTOS	9 10M4044	CORPO EM FORMA	00:42:26	00:42:24
10	73	CELSO RICARDO RODRIGUES OLIVEIRA	10 10M4044	LOUCOS POR CORRIDA	00:42:41	00:42:37
11	29	SILVIO JUVÊNCIO DE SOUZA	11 10M4044	CORPO EM FORMA	00:43:04	00:42:58
12	60	ADILSON SENA CARNEIRO	12 10M4044	AVULSO	00:43:06	00:43:02
13	35	MAILSON ANSELMO DA SILVA	13 10M4044	VELOSTER ASS ESPORTIVA	00:43:50	00:43:43
14	18	FERNANDO M. GOMES	14 10M4044	MUSES BROTHERS RUNNING	00:45:33	00:45:14
15	17	EDU NUNES	15 10M4044	MUSES BROTHERS RUNNING	00:46:05	00:45:46
16	6	CICERO CAETANO DE LIMA	16 10M4044		00:46:09	00:46:00
17	94	VIVALDO DE ASSIS BARBOSA	17 10M4044	ADOLFO RUNNER FRIENDS	00:46:30	00:46:13
18	113	ELVIS RAMALHO RABINOVICI	18 10M4044	SE LIGA CORREDOR	00:49:32	00:48:50
19	119	REGINALDO AMORIM DOS SANTOS	19 10M4044	LAERCIO ATLETAS	00:51:26	00:51:12
20	97	JOSENILDO DE SOUZA NUNES	20 10M4044	EU SOU CAPAZ	00:51:57	00:51:48
21	99	ANDERSON LUZ	21 10M4044	AVULSO	00:56:38	00:56:23
22	127	CLAUDIO CORREIA GONÇALVES	22 10M4044		00:58:36	00:58:05
23	46	CLAUDIO GONÇALVES	23 10M4044	CAAOP / TK RUN	00:58:35	00:58:06
24	33	SALVADOR FERREIRA SANTOS FILHO	24 10M4044	AVULSO	00:59:09	00:58:36
25	64	EMERSON ALESSANDRO PINHO	25 10M4044	AVULSO	01:03:44	01:02:57
-- 10 Km Masculino - 45 a 49 anos --						
1	123	JOSÉ RODRIGUES NASCIMENTO	1 10M4549	PM BERTIOGA	00:38:31	00:38:22
2	84	MARCOS DOS SANTOS CARVALHO	2 10M4549	LAERCIO ATLETAS	00:38:36	00:38:35
3	65	RAIMUNDO MEDEIROS DE ARAÚJO	3 10M4549	AVULSO	00:38:51	00:38:37
4	49	ANTONIO PEREIRA DE OLIVEIRA	4 10M4549	CAAOP / TK RUN	00:40:34	00:40:33
5	13	ELISEU GODOY	5 10M4549	ELISEU GODOY A.E.	00:42:04	00:42:03
6	47	RODNEI GONÇALVES PEREIRA	6 10M4549	CAAOP / TK RUN	00:48:09	00:48:06
7	112	JUVENILDO BEZERRA DE MELO	7 10M4549	SE LIGA CORREDOR	00:49:58	00:49:21
8	72	APARECIDO ANTONIO DE OLIVEIRA	8 10M4549	WF	00:51:12	00:50:30
9	53	EDVALDO ALVES DOS SANTOS	9 10M4549	LAERCIO ATLETAS	00:51:39	00:51:25
10	16	DARCI XAVIER DA SILVA	10 10M4549	EC FLAMENGO DO ALABAMA	00:51:31	00:51:27
11	37	CLAUDECIR GOMES DA SILVA	11 10M4549	AVULSO	01:01:09	01:00:41
12	103	MARCOS ROSA CARVALHO	12 10M4549	ADOLFO RUNNER FRIENDS	01:26:44	01:26:20
13	90	LUIS MARCELO CAMPOS NOVAIS	13 10M4549	ADOLFO RUNNER FRIENDS	01:28:00	01:27:36
-- 10 Km Masculino - 50 a 54 anos --						
1	74	LEONE GALDINO	1 10M5054	CORPO EM FORMA	00:39:36	00:39:30
2	115	JOSÉ SOUZA SILVA	2 10M5054		00:41:22	00:41:22
3	19	JOSÉ VALMIR NASCIMENTO	3 10M5054	PIZZARIA FIORENTINA	00:41:56	00:41:47
4	121	ANDRÉ LUIS DO NASCIMENTO	4 10M5054	LAERCIO ATLETAS	00:47:07	00:46:52
5	27	AGUINALDO TIMÉTEO DO ROSÁRIO	5 10M5054	AVULSO	00:57:53	00:57:40
6	56	IRAMAR MOUSINHO	6 10M5054	MITECK	01:00:40	01:00:24
7	36	EDSON MARCOS SUZUKI	7 10M5054	SOZINHO JAMAIS	01:03:12	01:02:42
8	93	RUBENS LUPPI BATISTA NETO	8 10M5054	ADOLFO RUNNER FRIENDS	01:17:41	01:17:15
9	87	ANDERSON AUGUSTO SECO	9 10M5054	ADOLFO RUNNER FRIENDS	01:20:39	01:20:13
-- 10 Km Masculino - 55 a 59 anos --						
1	122	ANIBAL MARINHO GUERRA	1 10M5559	PM BERTIOGA	00:38:13	00:38:13
2	61	LUIZ GONZAGA SANTOS MARCOS	2 10M5559	GONZAGA	00:41:45	00:41:43

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3	14	MARCO AURÉLIO DA CONCEIÇÃO	3 10M5559	PEDESTRIANISMO NAZARÉ	00:44:50	00:44:44
4	70	JOSÉ VENTURA DE SOUZA	4 10M5559	VENTURA	00:48:36	00:48:34
5	77	JOSÉ LUIZ RODRIGUES MIRANDA	5 10M5559	CC ACADEMIA IMPACTUS	00:57:15	00:56:43
6	95	WALDIR ALVES MASULK	6 10M5559	ROSMASU	00:57:31	00:56:54
7	3	ISAO TAGATA	7 10M5559	WELTON	01:06:21	01:05:42
-- 10 Km Masculino - 60 a 64 anos --						
1	54	NELSON LOURENÇO DA SILVA	1 10M6064	LAERCIO ATLETAS	00:40:37	00:40:36
2	107	QUINTINO SOUZA DA PAIXÃO	2 10M6064	BODÃO 100 FREIO	00:45:09	00:45:09
3	39	VALTER LUCIO MACIEL DE MATOS	3 10M6064	MARCORRER	00:46:36	00:46:27
4	44	LUIZ ANTONIO DA COSTA	4 10M6064	CAAOP / TK RUN	00:46:55	00:46:55
5	32	JOÃO BATISTA ALVES	5 10M6064		00:58:58	00:58:18
6	98	VENCESLAU J. DE CARVLHO JUNIOR	6 10M6064	ASSOJUBS	01:00:17	00:59:59
7	67	MAURILIO CARVALHO DA GAMA	7 10M6064	SOLOPÓ	01:09:09	01:08:34
8	69	JOSÉ CARLOS DELLA HOS	8 10M6064	ADOLFO RUNNER FRIENDS	01:28:00	01:27:41
-- 10 Km Masculino - 65 a 69 anos --						
1	82	LUIZ FERREIRA LEITE	1 10M6569	LAERCIO ATLETAS	00:47:23	00:47:07
2	83	ADEJARDO DA SILVA GONÇALVES	2 10M6569	LAERCIO ATLETAS	00:48:31	00:48:21
3	63	JOCELIM GENÉSIO DOS SANTOS FO.	3 10M6569	COOPER RÁDIO TAXI	01:05:47	01:05:19
-- 10 Km Masculino - 70 a 99 anos --						
1	15	VALENTIM SOARES DE ABREU FILHO	1 10M7099	VOVOCOP"S	01:04:05	01:03:48
2	48	KAZUNO YWANAGA	2 10M7099		01:08:25	01:08:02